

PSALM 91

LESSON 2: GOD IS A REFUGE

The children will learn that God is a safe haven for His children.

TOPICS

God's Protection

ATERIALS:

Activity Page [PDF] [Click here](#)

Pencils/Crayons

DURATION:

Approximately 10 minutes



PREPARATION:

Print one handout for each child. Place a handout and pencil/crayons at each child's place.

WHAT YOU WILL DO:

As the children arrive, ask them to complete the handout.

Application:

A "refuge" is something that provides safety. What do the following objects protect us from?

Umbrella: rain, snow, hail, etc.

Tent: bad weather, cold/heat, animals, etc.

Bible: evil, sin, corruption, etc.

Tree: sunlight, heat, firewood, building materials, etc.

Psalm 91 tells us that God is our ultimate refuge, He perfectly provides safety for His children.

OPENING PRAYER

The Opening Prayer is an important part of every lesson for several reasons. First, it signals that it is time to start the class. The opening activities used while waiting for kids to arrive allow the children to converse and catch up on week long activities. When it is time to get serious, a prayer works great to facilitate this action. Also, an Opening Prayer will set the mood for the lesson while inviting the Holy Spirit to be in control.

The Opening Prayer should always include the following:

1. Praise to God for the opportunity to meet and for the attendance of everyone present.
2. A request for guidance, especially for the teacher so that the Word of God can be shared in a meaningful way.
3. Asking the children to be open to learning the Word of God and to invite the Holy Spirit to be present in both everyone's heart and in the classroom.

Because you are not as restricted to how much time you have left, the Opening Prayer works best for including prayer request and praises. With a new class, the children may not feel comfortable speaking up, but as they get to know each other they will be more open to sharing praises and prayer requests. Sharing like this can take a while, so it is important to make sure the kids stay focused on giving only a praise or a prayer request and not to become side-tracked on other issues. If the class size is very large, you may also want to consider dividing the kids into smaller groups and have prayer led by more than one adult leader or helper.

When including prayer request and praises, always consider the following:

1. Ensure everyone has a chance to contribute.
2. Rather than trusting your memory, be prepared to jot down what is said.
3. Be sure to touch on each child's requests. It is important to them to know that you care about them and that their prayers are important.
4. Make sure special needs of your church or church members are also mentioned.

MEMORY WORK (12 minutes)

"If you say, 'The Lord is my Refuge,' and you make the Most High your dwelling, no harm will overtake you, no harm will come to your tent." Psalm 91:9-10 NIV

To prepare, write 3-5 words on a single piece of paper until both verses are written. Then give volunteers a piece of paper and help them stand in order so the verses can be read by the rest of the class. After reading, exclaim, "Scramble!" and the volunteers will hustle to move into a different spot. Then the class will work together to once again put the words back in the right order and recite them together. For the next round, ask a volunteer to sit down before exclaiming, "Scramble!" Then the class will work together to put the verse back together with fewer words. Continue this process until there are no words left (and all volunteers are seated with the class) and the verses can be recited from memory.

SCRIPTURE READING AND DISCUSSION (15 minutes)

Introduction:

Today we are going to continue our discussion about God's protection. Last week we learned that God is our Mighty Fortress, or shield, between us and evil. Psalm 91 also tells us that He is our Refuge during times of trouble. We will learn that God is very active in our lives and gives us promises when we choose to follow Him.

Read Psalm 91:9-16 (God provides spiritual shelter.)

Discussion Questions:

1. What is a refuge? (*A shelter or safe place.*)
2. What happens when we make the Lord our refuge? (*No harm will overtake us.*)
3. Who will God command to guard us? (*His angels!*)
4. What does "you will trample the great lion and serpent" mean? (*That God will provide protection from all manner of evil, no matter how fierce or subtle our enemies may be.*)
5. Why will the Lord rescue us? (*Because we love Him and acknowledge His name.*)
6. What does God promise when we "call" on Him? (*That He will answer.*)
7. How is God with us during trouble? (*By delivering and honoring us.*)
8. What else does God promise when we follow Him? (*Long life and salvation.*)

Conclusion: The Lord is our refuge, or shelter, from evil. He promises to help us and even send His angels to guard us from harm. God is very interested in being a part of our lives and is ready to answer us when we are in need. Isn't it awesome to know that the King of the Universe provides for us? He truly is our trustworthy Refuge.

CLASS EXERCISE (10 minutes)

Our Mighty Fortress and Refuge (Puzzle) [Click here](#)

ALTERNATE CLASS EXERCISE (10 minutes)

Umbrella Race (Game) [Click here](#)

APPLICATION (5 minutes)

Turn to Refuge (Activity) [Click here](#)

NEXT WEEK

Select another lesson series from Kids Sunday School Place

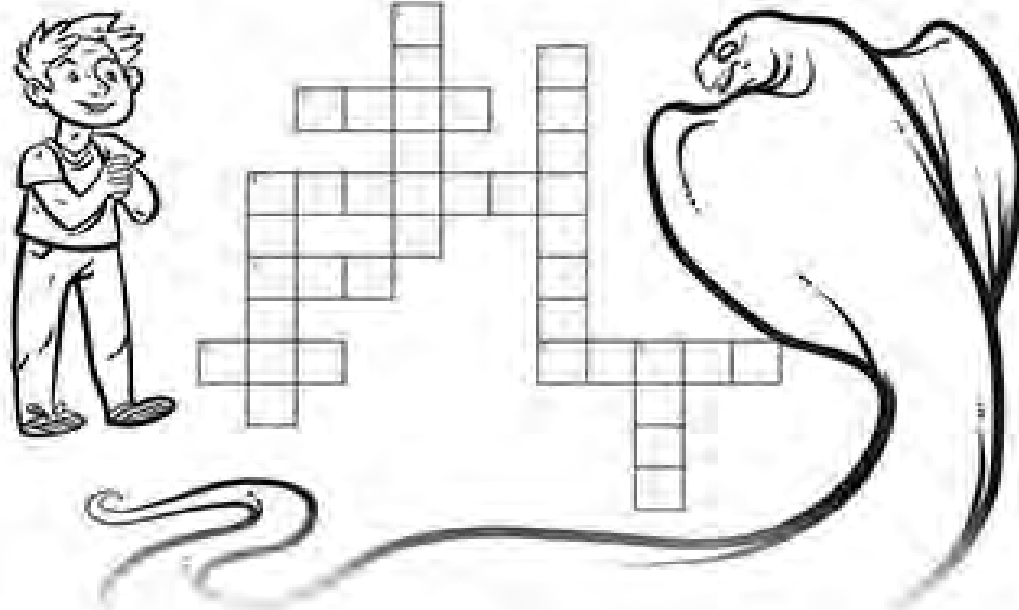
TAKE HOME PAGE

Give one copy to each child at the end of the class to take home. Click here for [NIV](#) or [KJV](#) [PDF]

<https://www.kidssundayschool.com/gradeschool/lessons/old-testament/psalm-91/god-is-a-refuge>

A MIGHTY FORTRESS IS OUR GOD

Psalm 91



Across

3. A serpent is a _____ creature.
4. "If God is for us, who can be _____ us?"
5. There is no one more powerful than _____.
6. Psalm 91 is found in the _____ Testament.
7. Who is trying to intimidate David?

Down

1. Do not be _____ of the terrors of the night.
2. "You are my refuge and my _____, my God in whom I trust."
4. God commands even His _____ to guard and protect us.
8. Trust is completely relying on what you know or believe.



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Psalm 91

**He that dwelleth in the secret place of the most High
shall abide under the shadow of the Almighty.
I will say of the Lord, He is my refuge and my fortress
my God in him will I trust.**

**Surely he shall deliver thee from the snare of the
fowler,
and from the noisome pestilence.**

**He shall cover thee with his feathers,
and under his wings shalt thou trust
his truth shall be thy shield and buckler.**

**Thou shalt not be afraid for the terror by night
nor for the arrow that flieth by day
nor for the pestilence that walketh in darkness
nor for the destruction that wasteth at noonday.**

**A thousand shall fall at thy side,
and ten thousand at thy right hand
but it shall not come nigh thee.**

**Only with thine eyes shalt thou behold
and see the reward of the wicked.**

**Because thou hast made the Lord, which is my refuge,
even the most High, thy habitation
there shall no evil befall thee,**

neither shall any plague come nigh thy dwelling.

**For he shall give his angels charge over thee,
to keep thee in all thy ways.**

**They shall bear thee up in their hands,
lest thou dash thy foot against a stone.**

**Thou shalt tread upon the lion and adder
the young lion and the dragon shalt thou trample under
feet.**

**Because he hath set his love upon me, therefore will I
deliver him**

**I will set him on high, because he hath known my
name.**

He shall call upon me, and I will answer him

I will be with him in trouble

I will deliver him, and honour him.

**With long life will I satisfy him,
and shew him my salvation.**

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OBJECTS OF REFUGE

Psalm 91

A “refuge” is something that provides safety. What do the following objects protect us from? List your ideas below each picture.





